## NUTRASTA

VANILLA

## **SOURCE OF VITAMINS AND MINERALS**

WITH VITAMINS B1, B2, B6, B12, C, NIACIN, PANTOTHENIC ACID, BIOTIN, AND THE MINERALS CALCIUM, IRON, COPPER, AND MAGNESIUM THAT CONTRIBUTE TO NORMAL ENERGY-YIELDING METABOLISM.



## **EACH SMOOTHIE SUPPLIES \*:**

- 190 Kcal
- 19 g of protein
- 2 g of fiber
- 100 mg of 4Life Transfer Factor<sup>™</sup>
- 11 essential vitamins and 4 essential minerals



Nutritional Information Serving Size: Two (2) scoops (53,6 g) • Servings Per Container: 15

**Amount Per Serving** 

Calories:	190 kcal
Protein:	19 g
Carbohydrates:	28 g
Fat:	5 g

Amount Per Serving		% RI*
Calcium	219 mg	27%
Magnesium	68,7 mg	18%
Vitamin C	14,1 mg	18%
Iron	3,9 mg	28%
Niacin	2,8 mg	18%
Pantothenic Acid	2,1 mg	35%
Vitamin A	985 µg	123%
Vitamin B6	0,5 mg	36%
Copper	0,5 mg	50%
Vitamin B2	0,4 mg	29%
Vitamin B1	0,3 mg	27%
Biotin	54,4 µg	109%
Folic Acid	46,6 µg	23%
Vitamin D	1,2 µg	24%
Vitamin B12	0,4 µg	16%
Soy Protein	11 g	_
Whey Protein	8 g	_
Soy Fiber	2 g	_
Sodium Caseinate	0,8 mg	_
Colostrum	70 mg	_
Egg Yolk	30 mg	_
*RI: Reference Intakes		

DIRECTIONS: Mix two (2) scoops of NutraStart™ Vanilla with 240 ml of water. Stir or shake until smooth and

drink immediately. Expiration once opened: 30 days.









**INGREDIENTS:** fructose, soy isolate, whey (milk) protein concentrate, sunflower oil creamer (sunflower oil, corn syrup, sodium caseinate), thickener (polydextrose), maltodextrin, sweetener (xylitol), soy fiber, vanilla flavor, stabilizer (sodium carboxymethylcellulose), tricalcium phosphate, cream flavor, magnesium oxide, sodium chloride, 4Life Transfer Factor™ (made from bovine colostrum (milk) and egg yolk), L-ascorbic acid, retinyl acetate, zinc gluconate, D-biotin, ferrous citrate, niacinamide, calcium D-pantothenate, copper gluconate, d alpha tocopherol acetate, pyridoxine hydrochloride, cholecalciferol, riboflavin, thiamin mononitrate, folic acid, and cyanocobalamin.

## REINFORCE YOUR HEALTHY LIFESTYLE

Try combining Nutrastart Vanilla with these products to complement your diet:

**4Life Transfer Factor™ Plus™:** with Zinc, which contributes to the normal function of the immune system and to the protection of cells from oxidative stress.

Glucoach™: with Chromium, which contributes to the maintenance of normal blood glucose levels

**BioEFA**™: source of essential fatty acid omega 3 and omega 6.





<sup>\*</sup> Two (2) scoops of Nutrastart with 240 ml of water.